

## **ABSTRACT OF THE DISCLOSURE**

[0052] A kit used to form a customized dental tray from a heat-softenable polymeric material using a person's teeth as a template includes a preformed tray and a color-changing temperature indicator. The color-changing temperature indicator may be attached to or separate from the preformed tray. When heated together, the indicator signals to the user by a color change when the tray has reached a customization temperature range. This signal prevents errors of underheating and overheating common in the customization process.

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